# **COUGAR PRINTS**

Character | Scholarship | Leadership | Service

#### This is Real Love

by Alyssa Danlag, Class of 2018

"God showed how much He loved us by sending His one and only Son into the world so that we might have eternal life through Him. This is real love—not that we loved God, but that He loved us and sent His Son as a sacrifice to take away our sins." 1 John 4:9-10 (NLT)

For as long as I could remember, Easter had been a day when my family would get together, eat, and dip eggs in food dye. The parents would fill colorful, plastic eggshells with candy or maybe even money (if we were lucky). After they assembled all of the eggs, they would secretly hide them across the backyard, and my cousins and I would run around like crazy trying to gather as many eggs as possible.

The concept was easy. All we had to do was gather as many eggs as we could find. However, as we grew up, the more challenging it became for us to find the eggs. The eggs ceased to be placed out in the open, and our parents no longer gave us clues or hints as to the location of the hidden eggs. We began finding them in places we had never thought to look before.

In a similar way, seeking to find God is easy. The difficult part comes when we do not want to receive His gifts. Maybe it is because some think that trying to seek God is hard, time consuming, or maybe some are not ready to give up their temptations or addictions in order to follow God. But the thing some do not realize is that God always has His arms wide open for us. His son, Jesus, already paid the price to forgive our sins when He died on the cross so that we may have everlasting life. When we find God, He forgives us, loves us, and blesses us on our spiritual journey.



# **History Unedited**

By Alexandria Lee, Class of 2013

Alexandria Lee is a senior biology major at the University of California: Los Angeles

As a child born and raised within the Adventist community, acclimating to the immensity of UCLA was difficult. I found myself in a foreign place in the company of seemingly foreign people who were from every corner of the world and from every walk of life. But amid this great diversity were communities that would ultimately define some of the greatest experiences of my college career. And importantly, amongst the many little niches I have discovered for myself during my four years, the most influential has undoubtedly been Korean Culture Night (KCN).

Korean Culture Night at UCLA is the largest Korean studentrun production in the United States, aiming to bring

awareness to every aspect of Korean Culture--the good, the bad, and the neglected. The past few years, KCN has aimed to tackle the most divisive of issues, including relations with North Korea and generational differences. Last year, we explored our



#### Celebrate Haiku

Haiku is a form of Japanese poetry that traditionally includes a kigo (seasonal word). When written in English, haiku usually contains seventeen syllables in three lines of verse (5-7-5). The international literary community celebrates haiku poetry on the 17th of April because April is Poetry Month and because there are seventeen syllables in a haiku poem.

Cold walk home from school
Kicking brown leaves under trees
No coat, empty house
by Jennifer Carvajal, Class of 2018

Leather slides through hands focused eyes, no pressure now Whisper to God--swish by Michael Ignacio, Class of 2004

Music falls on ear Swan sings Chopin; Owl, Mozart; Mockingbird plays Bach by Curtis Castro, Class of 1998

Last bell rings aloud heat forgotten, freedom calls Silence once again by Aaron Recalde, Class of 2018

Feel slow sticky heat
Sweat drips, listen to deep beat
Floorboards creak by feet
by Peter Jin, Class of 1998

Wild, whistling wind
Safe, dancing fire warms us
Your laugh flows like songs
by Sereena Yeghiazarian, Class of 2018

Watermelon gone
All eyes inspect one culprit
Junior sweats bullets
by Adriel Fajilan, Class of 2004

culture through the lens of the "Comfort Women," a euphemism that describes women and girls forced into sexual slavery by the imperial Japanese Army before and during World War II. Historically, the issue of Korean Comfort Women has been stigmatized, the topic deemed taboo. And inevitably, the perception has led to a profound lack of awareness that KCN sought to dismantle.

Our controversial theme was met--both within the KCN community and to the university community--with a spectrum of reactions, including objection, acceptance, and even confusion. But outside the boundaries of the university's general millennial opinion is where we encountered the most opposition. Older Korean generations staunchly disapproved of our theme. Many parents of the hundreds involved in the production even refused to attend. And, understandably, choreographers and dancers asked to depict scenes of sexual violence requested script edits. Even more, on the day of the show, empty seats visible from Royce Hall's stage discouraged performers who had been guaranteed a full house--because it had never not been a full house. And so, we were left wondering whether we should have edited the script, edited our theme, edited history.

But history is "uneditable," and I think that this is why it is important. It is important--invaluable even--to involve ourselves in the tough issues, in the things no one wants to talk or think

about. Often these are the very things that need most urgently to be addressed. To progress as a community, to progress as a society, especially during times of contention and disunity, it is vital to explore our origins, our histories. and all their associated struggles to write a future we will not so desperately feel the need to edit.





# **Artistic Aspirations**

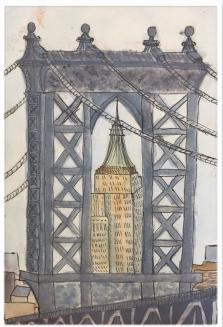
by Taylor Nicolas, Class of 2018

Sereena Yeghiazarian is a junior at Glendale Adventist Academy. She is a member of the National Honor Society, and is a copy editor for Cougar Prints.

#### When and how did you first become interested in art?

I have been interested in art from a very young age. Art is something that I have always enjoyed and has always been a necessary staple in my life. It calms and inspires me. My dad's side of the family is full of artists, my aunts in particular, so I have always been around it. For example, my Aunt Termeh is a multidisciplinary artist and teaches art at the San Francisco Art Institute. She would let me visit her studio and work on different pieces. My Aunt Torange is a playwright and owns her own production company.



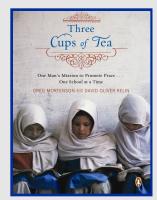


Do you have any favorite artists? In your opinion, what makes a work of art great?

I do not have any favorite artists, but anyone who continues to make art because of their passion, creativity, and who even continue to create despite doubting their skills inspire me. If a piece moves me emotionally or triggers any kind of feeling or memory, it usually sticks with me. For me, that is what makes a piece great.

#### Will you pursue a career in the arts?

I wanted to have a career in the arts, but I could never decide on exactly what, whether it be in film, teaching, performing, or visual art. I am not exactly sure what I want to do, but no matter what, I will continue to pursue art on the side.



#### **Book Recommendation**

By Aaron Recalde, Class of 2018

"The first time you share tea...you are a stranger. The second time you share a cup of tea, you are an honored guest. The third time you share a cup of tea, you become family."

Three Cups of Tea (2006), by Greg Mortenson and David Oliver Relin, is a story about creating a difference in the world. The reader must be aware that Mortenson has been criticized for some inaccuracies and for mishandling of charity profits. Despite this scandal, the work of Mortenson and his team is important to improving the human condition. The team's commitment in the face of so many obstacles is a testament to human willpower. To date, almost 200 schools have been built. As a result, I recommend Three Cups to readers

Three Cups of Tea describes Mortenson's journey to build schools in the Middle East. After the death of his sister, Mortenson, a mountaineer climbing Pakistan's K2 in 1993, decided to build schools in the region for girls as a way to commemorate his sister's memory. From the beginning, Mortenson met resistance, but there was always some hope along the way inspiring him to pursue his dream.

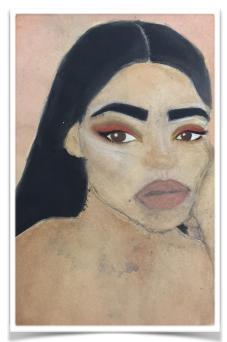
While building schools, Mortenson encountered many social and religious cultures and learned valuable lessons from each. Much of the experience recorded in *Three Cups* occurred after the 9/11 attacks on the USA and during the wars in Afghanistan and Iraq. One of the reasons I highly recommend this book is that it underscores the fact that Middle Easterners are a richly varied people who are not all Muslim, nor are they all extremists.

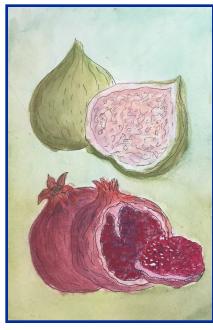
The Muslim culture limits full rights for women, but, as evidenced in the book, many Muslims do not agree with this stance, and want to educate their women. The risks that families are willing to take to educate girls are inspiring. It is a truly powerful book. Let this book inspire you, and remind you that anyone can change the world.

#### Lines from the Bard

In celebration of Poetry Month and the month of Shakespeare's birth, identify the poems and plays from which the following lines are drawn: (answers on page 5)

- 1. "We few, we happy few, we band of brothers."
- 2. "Something wicked this way comes."
- 3. "If I could write the beauty of your eyes."
- 4. "Cry 'havoc,' and let slip the dogs of war."
- 5. "All that glitters is not gold."
- 6. "This above all: to think own self be true."
- 7. "If music be the food of love, play on."
- 8. "The quality of mercy is not strained."
- 9. "Shall I compare thee to a summers day?"
- 10. "The lady doth protest too much, methinks."
- 11. "Be not afraid of greatness. Some are born great, some achieve greatness, and others have greatness thrust upon them."
- 12. "Out, out, brief candle!"
- 13. "To be or not to be: that is the question."
- 14. "The first thing we do, let's kill all the lawyers."
- 15. "My mistress' eyes are nothing like the sun."
- 16. "All the world's a stage, and all the men and women merely players."
- 17. "Parting is such sweet sorrow."
- 18. "It was Greek to me."
- 19. "What fools these mortals be."
- 20. "Words pay no debts, give her deeds."





#### Do you currently have any favorite pieces of your own art?

It is hard for me to be pleased with anything I create. I do, however, like a painting I made of the ocean and a watercolor of figs and pomegranates in my sketchbook. I drew these mainly because they are things that mean something more to me.

#### What artistic skills are you especially working to develop right now?

I wanted to work on realism this year especially with portraits of people. I am also trying to get the hang of watercolors. In the future I hope to further my skill in oil painting and also find my own style and creative drive. I like charcoal and pencil the best because those are the tools I have used the longest, though I have recently grown fond of oil paints.

#### Do you see yourself in any of your art?

It depends on what I am making. Sometimes I will draw or paint things that go along with my "aesthetic" or mood. My friends say my art is a lot like myself, soft and delicate, which is funny to me.

I think there are many things in my everyday life that influence my art, so in that sense I do see myself in it. I hope to develop my own style in which I will be able to see myself more clearly.

# What else do you do artistically besides painting?

I play instruments--mainly piano, but also a little bit of bass. I used to be in dance for many years, and even though I stopped, I still have a deep appreciation for it. I also like photography and film.



# **Celebrating Art**

World Art Day--15 April 2017--is celebrated on Renaissance artist Leonard da Vinci's birthday (1452). GAA adds its vision to world art.



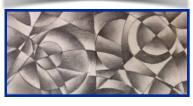
















#### **Bi-Annual Blood Drive**

by Paige Singleton, Class of 2018

Every two seconds, someone is need of a blood donation in the United States. Luckily, on 15 March 2017, about 35 GAA students were eager to donate blood in order to save the lives. Students 16 years or older took the initiative to do what they could to help meet this critical need.

The donation is a four-step process that includes registration, a mini-physical and collection of pertinent medical history, the donation of blood, and then light refreshments to speed up recovery time. Although students were nervous and the process could be painful for some, they put that aside because they all knew they would be helping others in great need.

With the 26 pints of blood GAA students donated, a record number, we could help save up to 78 lives. Our successful outcome helped unify our school in so many more ways than students might have thought. Despite the fact that some people could not donate blood, they were able to donate their time and services as volunteers who helped fellow students register and recover. No matter what challenge come our way, GAA achieves more for our community when we work together.



#### **Bard Answers**

1. Henry V, IV iii 2. Macbeth, IV i 3. Sonnet 17 4. Julius Caesar, III i 5. Merchant of Venice, II vii 6. Hamlet, I iii 7. Twelfth Night, I i 8. Merchant of Venice, IV i 9. Sonnet 18 10. Hamlet, III ii 11. Twelfth Night, V i 12. Macbeth, V v 13. Hamlet, III i 14. King Henry VI, Part Two, IV ii 15. Sonnet 130 16. As You Like It, II vii 17. Romeo and Juliet, II ii 18. Julius Caesar, I ii 19. A Midsummer Night's Dream, III ii 20. Troilus and Cressida, II

#### That's Puntastic!

collected by

Jennifer Carvajal, Class of 2018 Question: How many puns can

you make about Caesar's death?

Answer: Eh, two?

Question: What do you call a snake that is 3.14 meters long?

Answer: A πthon.

Question: Why is it a bad idea to

give Elsa a balloon?

Answer: Because she will let it go.

You know what they say about cliffhangers...

Question: What happens to an

illegally parked frog? Answer: It gets toad.

Question: What brand of shoes

do artists wear?
Answer: Sketchers.

Question: Why couldn't the artist

buy any paint?

Answer: She was out of Monet.

I don't know why it's called New York Cheesecake--if you can bake it there, you can bake it anywhere.

Question: What is the best way to tell someone you're sorry?

Answer: In remorse code.

Question: What type of music do

planets sing? Answer: Neptunes.

Question: What do you call a

dishonest rice dish?

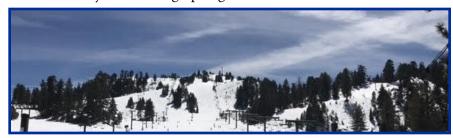
Answer: A jambaliar.

If you were humiliated in the capital of France, would you

be...emParissed?

## It's Snowtime!

Students and teachers took a break from classes to play in the snow at Snow Valley in Running Springs on 10 March 2017.











#### Natalie Gregg's Food for Thought:

### Green Beans with Garlic and Pistachios

by Jennifer White

reprinted by permission from JennifersKitchen.com

Tender green beans combined with the deep flavor of fresh garlic and the healthy crunch of roasted pistachios make this recipe memorable.

#### **Ingredients**

1 large yellow onion or sweet onion, diced

1 tablespoon olive oil

3 - 6 cloves garlic, minced

2 tablespoons fresh, minced parsley (optional)

1 pound of fresh (snipped) green beans (about 6 cups)

1/2 cup water or broth (approximately)

1 teaspoon granulated onion

3/4 teaspoon dried oregano

1/2 teaspoon dried basil

3/4 teaspoon salt, or to taste

1 cup shelled, roasted, and salted pistachios nuts lemon wedges (optional)

Instructions

In a large pan, sauté onion in oil over medium heat until onions begin to look translucent. Add garlic (and parsley if using) and sauté for one more minute. Transfer onion mixture to a bowl.

Add green beans to pan and sauté for two minutes. Add water (or broth) and seasonings to pan. Cover and bring to boil. Reduce heat to a very low boil, and allow beans to cook until tender. This will take about 10 minutes, but time will vary depending on the variety, age, and size of green beans and depending on personal preference.

When beans are tender, season to taste, and transfer to a serving dish. (If pistachios have salt on them, do not add too much salt to beans.)

Top with onion mixture and chopped pistachios.

Serve with lemon wedges, if desired.



#### Save the Date

How will you decide to celebrate, commemorate, or take action for these April events?

- Genocide Awareness Month
- Sexual Assault Awareness and Prevention Month
- Poetry Month
- 01 Air Force Academy Day
- 01 Pillow Fight Day
- 02 National Peanut Butter and Jelly Day
- 04 Equal Pay Day
- 07 Rwandan Genocide Remembrance (1994)
- 07 World Health Day
- 10 Passover (10-18 April 2017)
- 10 Prevent Cruelty to Animals Day
- 12 Drop Everything and Read Day
- 13 Scrabble Day (1938)
- 15 One Boston Day (2013)
- 15 World Art Day (da Vinci's BDay 1452)
- 16 Easter
- 17 Income Tax Payment Deadline
- 17 International Haiku Day
- 21 Rome Founded (753 BC)
- 22 Earth Day
- 23 Talk like Shakespeare Day
- 23 World Book Night
- 24 Armenian Genocide Remembrance (1915)
- 26 National Pretzel Day
- 27 Poem in Your Pocket Day
- 27 Take Your Child to Work Day
- 28 Arbor Day (1872)
- 30 Adopt a Pet Day

#### Inspire a Child

by Juan Parra, Class of 2018

Take Your Child to Work Day started out in 1993 as a Take Your Daughter to Work Day back when women made up much less than half of the American paid workforce and something needed to be done to inspire possibilities for future generations of women. Women now comprise at least half of America's labor force. Since its founding by Gloria Steinem, this program has expanded to other countries and now includes taking sons to work, also.

The program estimates that 37 million employees annually take part in this American tradition that not only educates children but also develops stronger family bonds. The ages encouraged to participate in this event are eight to eighteen, so find out if you are eligible to miss a day of school for the benefit of education, family time, and inspiration for your future.

#### **Special Thanks**

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#### **Cougar Prints**

Cougar Prints is sponsored by the Glendale Adventist Academy chapter of the National Honor Society. The publication is committed to sharing positive examples of character, scholarship, leadership, and service found at the school, in the community, and among the alumni. Cougar Prints is available in digital format at <a href="https://www.GlendaleAcademy.org">www.GlendaleAcademy.org</a>.

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Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

Philippians 4:8 KJV

riiiippians 4:0 KJV

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# April Calendar

02 Spring Break Ends

03 Classes Resume

06 No School/Parent-Teacher Conferences

(1:00-6:00 p.m.)

11 Band and Chorale at Glendale Filipino SDA Church (arrive by 10:00 a.m.)

09 ACT (7:45 a.m.)

**09 Spring Banquet** (arrive at GAA by 4:30 p.m.; return to GAA by 9:00 p.m.)

10-14 Spring Week of Prayer

**10 Home Game Volleyball** v St. Monica (Boys 4:30 p.m.)



Watercolor and Ink by Justin Santa Ana

10 Home & School FUNdraiser at CPK in Glendale

14 NHS CS at Ellee Residential Care (meet in Room 3 by 3:30 p.m.)

19-21 Enrichment Days

19-23 Music Tour

21 Minimum Day

24 No School/Armenian Genocide Remembrance Day

26 Home Game Volleyball v Milken (Boys 4:30 p.m.)

# Talk to Us

If you have a story that could be part of this publication, please share it with us at <a href="mailto:CougarPrints@GlendaleAcademy.org">CougarPrints@GlendaleAcademy.org</a>. We feature class projects, art, poetry, essays, alumni achievement, book recommendations and more. If you have supportive comments to share or if you would like to underwrite the printing of an up-coming issue, we would love to hear from you, too.

